



# Paper therapy for cancer sufferers

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**TINY paper houses were stitched together by volunteers guided by a top artist at a cancer caring centre in Hammersmith.**

Anila Rubiku, who has exhibited around the world and whose creations often involve delicate embroidery, led the workshop at the Maggie's Centre at Charing Cross Hospital on December 8.

Two of the volunteers came

from financial news agency Bloomberg, a regular supporter of Maggie's, and the little houses have now been joined together, illuminated and displayed at the company's European headquarters in Finsbury Square, central London, where they are on show until the end of January.

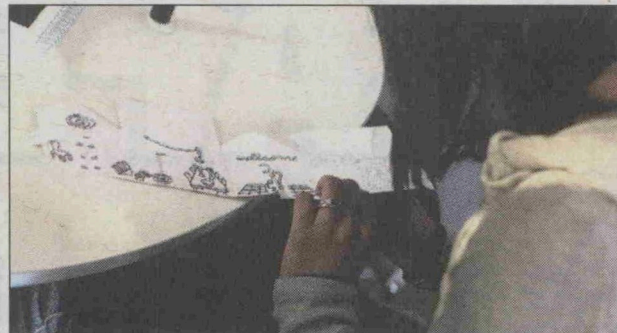
The Maggie's Centre is designed to offer a relaxing, non-clinical space for people with cancer to spend time, either alone, with their families or others in similar positions.

One Bloomberg worker said:

"It has been a great day. The art work is a great way to take your mind off things and it's very therapeutic.

"The activity removes you from your troubles. My mother died of cancer and would have wanted something like Maggie's. I really like what Maggie's does and it has a positive impact on people."

Ms Rubiku said the time people spent working together was the most important part of the exercise. "Sewing is a simple media and it helps people to communicate," she added.



■ **THERAPEUTIC:** Artist Anila Rubiku leads the art project at Maggie's in Hammersmith

Photos contributed

